



Lunch - July 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Turkey Sandwich (1ea) Chips (1ea) Orange Slices (1/2c)
4	5	6	7	8
NO SCHOOL	Chicken Patty w/ Cheese (1ea) Fries (3/4c) Strawberry Applesauce (1/2c)	Pizza (1ea) Salad (3/4c) Pears (1/2c)	Asian Chicken (2oz) Broccoli (3/4c) Rice (1oz) Peaches (1/2c)	Hot Dog (1ea) Chips (1 ea) Apple Slices (1/2c)
11	12	13	14	15
Chicken Strips (3ea) Green Beans (3/4c) Mac and Cheese (2oz) Pineapples (1/2c)	Nachos w/ Ground Turkey, Red and	Chicken Pasta w/Broccoli (2oz) Bread	Cheeseburger (1ea) Fries (3/4c) Applesauce (1/2c)	Turkey Sandwich (1ea) Chips (1ea) Orange Slices (1/2c)
18	19	20	21	22
Mini Corn dogs (6ea) Green Beans (3/4c) Mandarin Oranges (1/2c)	Chicken Patty w/ Cheese (1ea) Fries (3/4c) Strawberry Applesauce (1/2c)	Pizza (1ea) Salad (3/4c) Pears (1/2c)	Asian Chicken (2oz) Broccoli (3/4c) Rice (1oz) Peaches (1/2c)	Hot Dog (1ea) Chips (1 ea) Apple Slices (1/2c)
25	26	27	28	29



Breakfast - July 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Assorted Whole Grain Cereals(1 ounce) Applesauce (1 each)	French Toast Sticks (2 each) Turkey Sausage (1 each) Strawberries (1/2 cup)	Biscuit (1 ounce) Chicken Patty (1 each) Apple Slices (1/2 cup)	Pancake (1 each) Turkey Bacon (2 each) Peaches (1/2 cup) Apple Juice (1 each)	Assorted Whole Grain Cereals(1 ounce) Orange Juice (1 each)



Snacks - July 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Pop Tart (1ea) Fruit Roll Up (1ea) Water (8 ounces)	Muffin Top (1 each) Strawberry Yogurt (4 ounces) Apple Juice (4 ounces for JK-K, and 6 ounces for 1st-6th)	Chips Ahoy Cookies (1.22 ounces) Applesauce Pouch (1 each) Water (8 ounces)	Rice Krispy Treat (1 each) Apple Slices (1 each) Orange Juice (4 ounces for JK-K, and 6 ounces for 1st-6th)	Doritos (1 each) Scooby Doo Fruit Snack (1 each) Water (8 ounces)