



# Lunch - December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
			<b>1</b>	<b>2</b>
			Baked Potato w/ Sour Cream, Cheese, & Turkey Bacon (1 ea) Broccoli (3/4 cup) Pears (1/2 cup)	Grilled Cheese (1 ea) Tomato Soup (3/4 Cup) Apple Slices (1/2 cup)
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
Hot dog (1 ea) Sun Chips (1 ea) Applesauce (1/2 cup)	Chicken Fajita Wrap w/ Lettuce, Tomatoes, Shredded Cheese, and Sour Cream (1ea) Corn (3/4c) Mixed Fruit (1/2 cup)	Asian Chicken (4 oz) Broccoli (3/4 cup) Rice (2 oz) Mandarin Oranges (1/2 cup) <b>Taco Salad Bar</b>	Nachos w/ Ground Turkey, Green, and Red Peppers (4 oz) Tortilla Chips (3 ounces) Pears (1/2 cup)	Hamburger (1 ea) Fries (3/4 cup) Apple Slices (1/2 cup)
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
Cheese Pizza (1 ea) Salad (3/4 cup) Applesauce (1/2 cup)	Mini Tacos (6 ea) Corn (3/4 cup) Mixed Fruit (1/2 cup)	Chicken Strips (3 ea) Fries (3/4 cup) Peaches (1/2 cup)	Chicken Pasta & Broccoli (4 oz) Roll (1 ea) Pineapples (1/2 cup)	Grilled Cheese (1 ea) Tomato Soup (3/4 cup) Apple Slices (1/2 cup)
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
No School - Winter Break	No School - Winter Break	No School - Winter Break	No School - Winter Break	No School - Winter Break
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>
No School - Winter Break	No School - Winter Break	No School - Winter Break	No School - Winter Break	No School - Winter Break



# Breakfast - December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Omelet w/ Cheese (1 each) Toast (1 each) Applesauce (1 each)	French Toast Sticks (2 each) Turkey Sausage (1 each) Strawberries (1/2 cup)	Biscuit (1 ounce) Chicken Patty (1 each) Apple Slices (1/2 cup)	Pancake (1 each) Turkey Bacon (2 each) Peaches (1/2 cup) Apple Juice (1 each)	Oatmeal (2 ounces) Turkey Bacon (2 each) Apple Juice (1/2 cup)



# Morning Snacks - December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Graham Crackers (1 oz)	Fruit Cup (1/2 cup)	Granola Bar (1 oz)	Fruit Snack (1 oz)	Sun Chips (1 ea)



# Snacks - December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
Cheez-Its Whole Grain (1 ounce) Apple Juice (4 ounces for JK-K, and 6 ounces for 1st-6th)	Whole Grain Pop-Tart (1 ounce) Water (8 ounces)	Whole Grain Chocolate Chip Cookies (1.22 ounces) Milk (8 ounces)	Whole Grain Rice Krispy Treat (1 each) Water (8 ounces)	Popcorn (1 ounce) Fruit Punch (4 ounces for JK-K, and 6 ounces for 1st-6th)